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# Love and Give

*spoken by Kalindi on July 3, 2007*

I wanted to talk to you about love and the enormous amount of love that is available in this world right now. Without working on anything in yourself. Just love. God's love.

And it is a decision that you can make in the moment, to love someone from your heart, from your complete open heart. You just open yourself. Like you can try it one day when you're out and about and you meet people, or you can just try it with your friends.

All you have to do is decide: "I am going to be completely open right now and I am going to hug my best friend with all of my love that I can let down to." And you just completely open up and decide: "I am going to hug this person with all of the love that I have, my complete open heart. Just love, totally." Without holding back anything. Like you are just going to hold that person in so much love. And the other person also can love back in that same kind of way.

It is just like, everybody in the world, hey, wake up! There is so much love available if you will just drop your guard. Like they should make the first Sunday of every month or of every week or something like that should be "Worldwide Love Day." And everybody should learn all over the world that this is the day that everyone in the world shares love. And just everyone knows: Just drop your guard. Drop it. It is okay. Just drop it. And everyone is going to just hug each other with *all* of their love.

It doesn't mean you ever have to even see that person again. But just that day you are going to love that person just like God loves you. (Well, you might not even know that; maybe there isn't a God. Who knows?) But this is it: right now on this earth, there is love for everyone if everyone will open up and share it.

That is the problem. Nobody will share the love that is already in the heart, because

people don't want to open their heart and on and on and on. "My heart got hurt five years ago when this and this happened, so I don't want to open my heart." Let's just knock that off. Let's just say: "Okay, I forgive you. I forgive everybody that has ever hurt me and I love them all." And let the world have love. Everyone open up on that day. And maybe more and more people can share love.

You don't have to do anything to have the love, except be open to it. And you can receive it through each other. Not sentimental love but real, open, deep, caring love.

And I just wanted to say that to the whole wide world. Start to love each other in a very big enormous way! Start to do it. It has to start to pass through the world. *Love*. Open up and share your deepest love with another and see how it goes. And then try it with another.

And give. Give in so many ways. Everyone needs something. And everybody also can give something. *Love and give*.

And there is a need for it to speed up. The world needs to speed up now. (*singing*) So love and give and love and give, love and give and love and give, love and give, love and give, love and give. Give and love, give and love, give and love.

Let's get going now. I feel like I want to stand up in the sky and scream it down all over the earth: Love and give!

And it is all happening right now. Don't wait until later, because what you want in that way is happening now. And if it is not happening around you, that's because you're not doing it. If you do it, it will be happening for you right now. It is happening now. Join the party. Come on. Take the first step forward and don't let the fear stop you.